

ALBERTA

TEAM TALK

ISSUE 4

AUGUST 8, 2011

Continuing our Winning Ways!

Team Alberta continued their winning ways on Day 2 claiming another 10 medals as of 8PM PST to move to 29 total, putting them in second place in the standings behind BC. Team Saskatchewan is in third place.

Athletics Rachel Francois set the third Games record in just 24 hours for Team Alberta, claiming the gold medal in the Women's 400 M event with a time of 55.01.

In the Women's 200 M Wheelchair final, Samantha Hershick-Fraser and Jessica Helm finished in first and second place respectively.

Team Alberta opened the Canoe/Kayak competition with strong performances, medaling in three of four events this afternoon. Claiming gold in the Men's 1000 M C4 event with a time of 3:51:10 were Kevin Symington, Brendan Fowler, Dylan Land and Gavin Jaegar-Freeborn.

In the Women's 1000 M K4 event, Kirsten Grant, Robyn Sutherland, Stephanie Koenig and Carly Balestra finished with the silver medal in a time of 3:40:80.

Team Alberta earned the bronze medal in the Men's 1000 M K4 event thanks to the efforts of Alex Wyma, William Kemp, Kevin Wickens and Austin Beaver, who clocked a time of 3:21:10.

Making its debut at the Games is the sport of beach volleyball and Team Alberta added to their win column this morning, with the Men's and Women's teams winning in straight sets over Team Saskatchewan.

On the men's side, the team of Lucas Stepanko and Zach Brown defeated Saskatchewan in straight sets, 21-16 and 21-14. Both teams will be in action tomorrow with double-headers against Manitoba and British Columbia.

ALBERTA MEDAL COUNT



10



8



11

TOTAL

29

TEAM ALBERTA ATHLETE PROFILE

Name: Erin Berube, Women's Softball

Age: 16

City: Calahoo

Position: Pitcher

Years in Sport: 13

Team Coach: Kathy Berube



Sport Highlights:

- 2010 Alberta Summer Games, 1st Place
- 2010 Bantam Nationals
- 2009 Pee Wee Westerns
- 2008 Alberta Summer Games, 3rd Place

Goals for 2011 Games:

My goals for 2011 Western Canada Summer Games are to play the best I can and to represent my province with sportsmanship.

Other Recent Athletic Accomplishments:

Recently, I have hit 60 km/hour with my fastball and have good movement on my riseball.

Other Facts and Interesting Information:

My whole life has been about ball: my family has been raised on the sport. My aunties have made it to the hall of fame, as well as my grandfather. My auntie Shelley is in the Canadian and Alberta Hall of Fame. My auntie Terri and grandpa Emile Berube are in the Alberta Hall of fame. It is my goal to make it there too.

team alberta

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DAILY SCHEDULE - AUGUST 8, 2011

START	END	SPORT	EVENT	VENUE
9:00 AM	11:00 AM	Softball	Men's Game Vs. Saskatchewan	Charlens Anderson Stadium - Men's Diamond
9:00 AM		Canoe/Kayak	Open Men's K1-Final 1000M	Shumway Lake
9:00 AM	11:00 AM	Wrestling	Alberta Vs. Manitoba Team Competition	McArthur Island Park - Mat B
9:30 AM	10:30 AM	Athletics	Hammer (Women)	Hillside Stadium
9:45 AM	11:45 AM	Triathlon	Women's Team Relay	Lac Le Jeune
9:50 AM	10:20 AM	Athletics	100 M Hurdles (Heptathlon)	Hillside Stadium
10:00 AM		Baseball	Game Vs. Saskatchewan	McArthur Island - Norbrock Stadium
10:00 AM	12:00 PM	Tennis	Game Vs. Saskatchewan	Canada Games Tennis Centre - Courts 5-6 and 7-8
10:20 AM	12:00 AM	Athletics	200 M (Men's & Women's Heats)	Hillside Stadium
10:30 AM	11:30 AM	Athletics	High Jump (Heptathlon)	Hillside Stadium
10:40 AM		Canoe/Kayak	Men's & Women's K1-C1 / K2-C2 Zoom Heats & Finals	Shumway Lake
11:00 AM	1:00 PM	Beach Volleyball	Game Vs. Manitoba	Men - Overlander Park Court 1 Women - Overlander Park Court 2
11:00 AM	1:00 PM	Softball	Women's Game Vs. Saskatchewan	Charlens Anderson Stadium - Women's Diamond
11:30 AM	12:30 PM	Athletics	Long Jump (Men)	Hillside Stadium
11:45 AM	1:45 PM	Triathlon	Men's Team Relay	Lac Le Jeune
12:00 PM	12:45 PM	Athletics	1500 M (W/C Men's Final), 800 M (W/C Women's Final)	Hillside Stadium
12:30 PM	1:30 PM	Athletics	Shot Put (Heptathlon)	Hillside Stadium
12:45 PM		Athletics	Medal Ceremonies	Hillside Stadium
1:30 PM	2:30 PM	Athletics	Discus (Women's), High Jump (Women's)	Hillside Stadium
2:00 PM	2:30 PM	Athletics	400 M Hurdles (Men's & Women's Heats)	Hillside Stadium
2:00 PM		Triathlon	Medal Ceremonies	Lac Le Jeune
2:15 PM		Canoe/Kayak	Open Men's K1 / Finals 500M	Shumway Lake
2:30 PM	3:45 PM	Athletics	200 M (Heptathlon, Men's & Women's Finals), 800 M (Men's & Women's Final)	Hillside Stadium
2:30 PM	4:30 PM	Softball	Men's Game Vs. BC	Charlens Anderson Stadium - Men's Diamond
3:00 PM	5:00 PM	Beach Volleyball	Game Vs. BC	Men - Overlander Park Court 1 Women - Overlander Park Court 2
3:30 PM	4:30 PM	Athletics	Javelin (Men)	Hillside Stadium
3:30 PM		Basketball	Semi-Final Vs Manitoba	Tournament Capital Centre Court 1
3:35 PM		Canoe/Kayak	Open Men's / Women's K4-C4 500M Finals	Shumway Lake
3:45 PM	4:25 PM	Athletics	3000 M S/C (Men's & Women's Finals)	Hillside Stadium
4:00 PM		Baseball	Game Vs. BC	McArthur Island - Norbrock Stadium
4:25 PM	5:20 PM	Athletics	4 x 100 M (Men's & Women's Finals)	Hillside Stadium
4:30 PM		Canoe/Kayak	Medal Ceremonies	Shumway Lake
4:30 PM	6:30 PM	Softball	Women's Game Vs. BC	Charlens Anderson Stadium - Women's Diamond
5:20 PM		Athletics	Medal Ceremonies	Hillside Stadium
6:00 PM		Basketball	Women's Game Vs. BC	Tournament Capital Centre Court 2
6:00 PM	7:30 PM	Wrestling	Alberta Vs. BC Team Competition	McArthur Island Park - Mat A
7:30 PM		Wrestling	Medal Ceremonies	McArthur Island Park

WEATHER FORECAST



Sunny
High: 33
Low: 17

Smile, you're on camera

Just a friendly reminder to Team Alberta that there are surveillance cameras in the residences

